

WORCESTER ART MUSEUM

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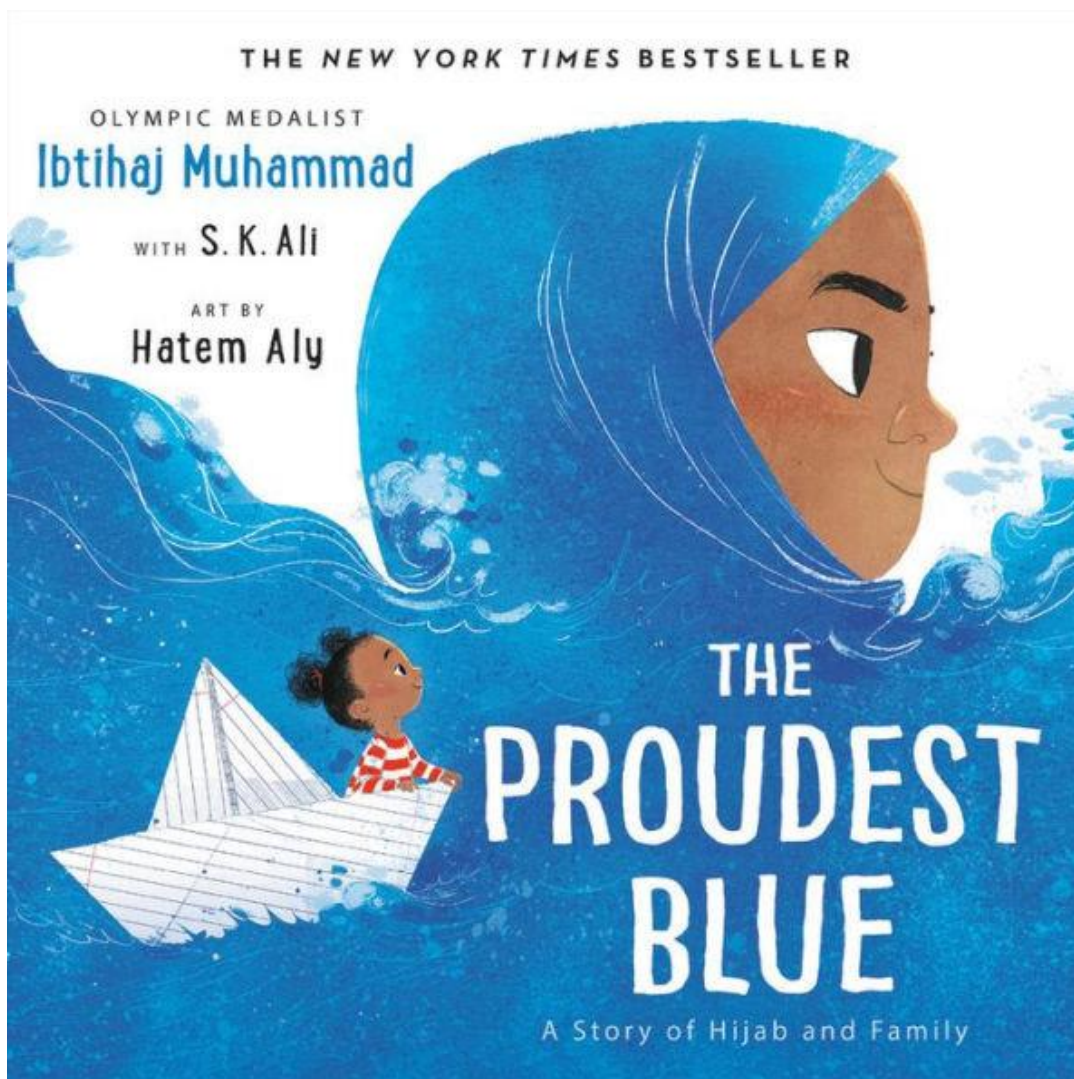
## Fashion Forward

Featured Story:

Ibtihaj Muhammad with S.K. Ali and art by Hatem Aly:

### The Proudest Blue

ISBN 9780316519007



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## Inspiration from WAM's Collection



### Fashion Model

1978-1982, Eli Reed, gelatin silver print, 2007.188 ([eMuseum Link](#))

In looking at this posed fashion photograph we can see that fashion had changed from the past. We can just glimpse below at the portraits of the Freakes to confirm this. Although one of the original purposes of a hat was shade, we can see that this hat is not serving the same purpose and seems just decorative.

Lace and ribbons have given way to clean lines and knee-length hemlines. Stylish but walkable pumps paired with a skirt with pockets make this a comfortable and useful outfit. Can you think of other changes have occurred in fashion over the last 40 years since this photo was taken?



### John Freake (left) & Elizabeth Clarke Freak (Mrs. John Freake) and Baby Mary (right)

about 1671-1674, unknown artist, oil on canvas, 1963.134 and 1963.135 ([Freake Portraits Link](#))

These colonial portraits are a great example of using clothing to express yourself to others. A couple of years after these portraits were painted, the Freakes had some changes made. The later addition of lace, ribbons, and other details to these portraits (including the baby) tells us that the Freakes wanted to be thought of as well-off and used their clothing to communicate that.



## Inspiration from Open Door Arts, MA



### Fashion Accessibility Project

2018, Open Door Gallery, multimedia installation and interactive event ([Web page Link](#))

Open Door Arts (formerly VSA Massachusetts), an affiliate of Seven Hills Foundation, increases access, participation, and representation of people with disabilities in the arts. Open Door Arts is a partner organization with the Worcester Art Museum. For this project, fashion designers were paired with fashion visionaries with disabilities to re-think fashion for all. Ease of getting dressed, safety, and personal expression were all considered in the creation of these pieces.

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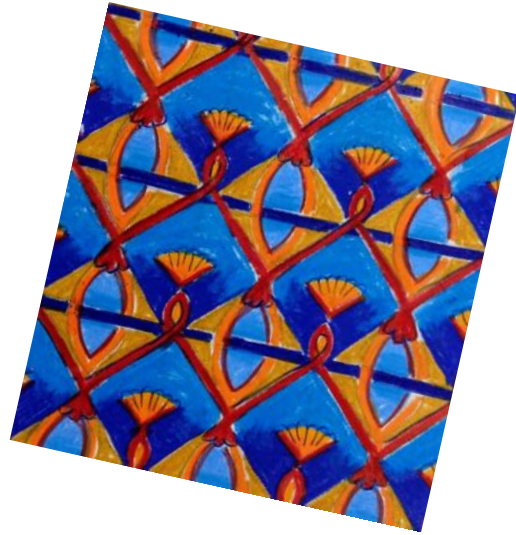
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## Fabric Design

### Supplies

- Paper plain, or you can use a template from this lesson plan.
- Pencil
- Eraser
- Markers or colored pencils



### Did You Know?

Just like clothing needs to be designed, the fabric that clothes are made with also needs to be designed!

These designs have to be able to repeat so they can be printed on long bolts (rolls) of cloth. A grid is very helpful in designing repeating patterns! Math has never looked so cool.

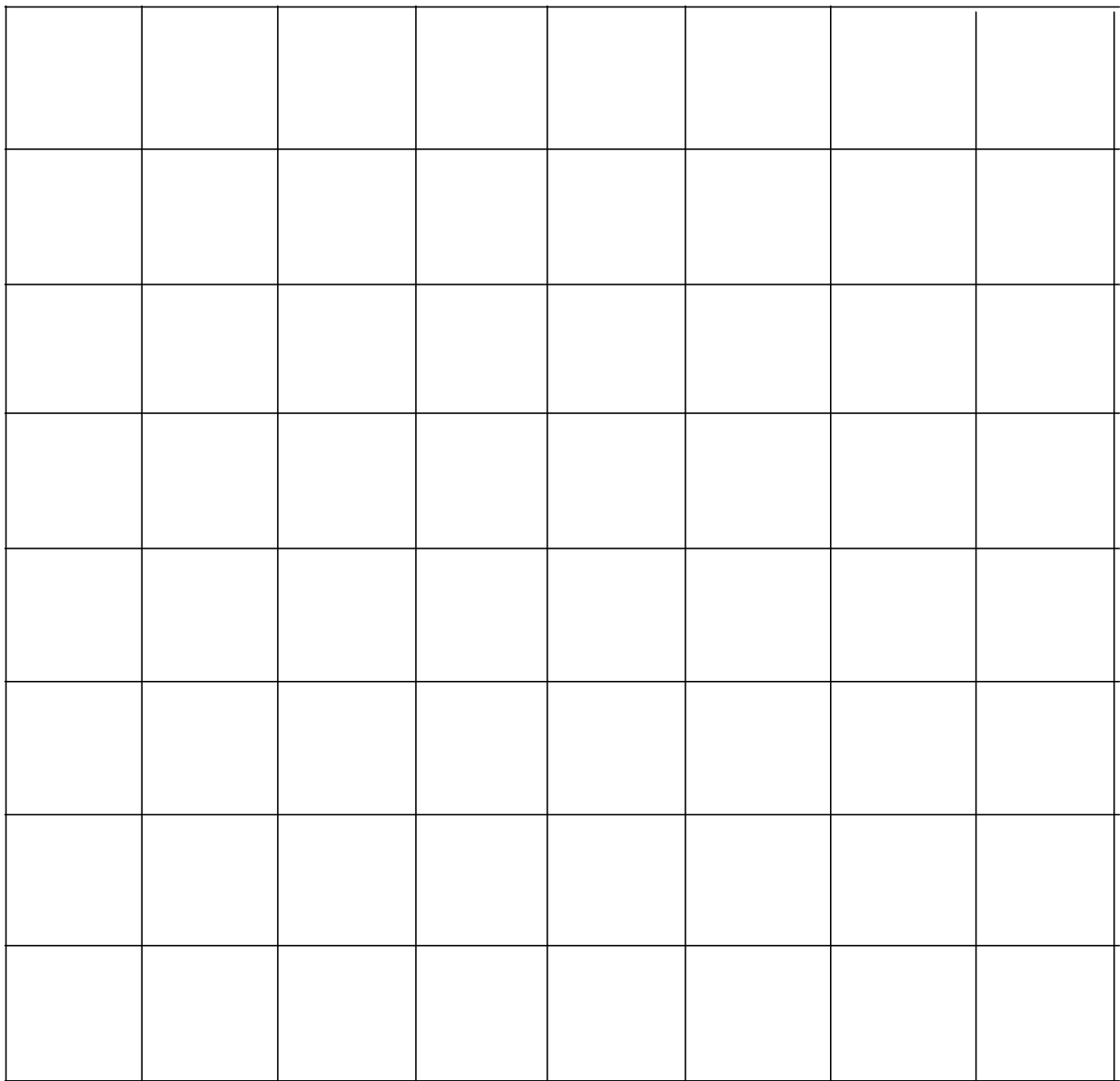
### Create

1. Use a template or draw your own grid base for your design.
2. Start small. Choose one part of your grid and draw a simple shape in pencil.
3. Repeat your shape in every grid, or every other grid - make a pattern.
4. When you have completed repeating your first shape, make another shape and repeat that shape as well.
5. Continue adding shapes and lines until you have filled your grid as much as you would like.
6. Once your design is drawn out in pencil, add color using your media of choice!

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## Fabric Design - Template





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## Fashion For All

### Supplies

- Paper or the template (next page)
- Pencil
- Eraser
- Additional media of your choice: paint, colored pencils, oil pastels, charcoal, crayons, markers



### Things to think about...

Everyone deserves to express themselves through their clothing and fashion choices. People make fashion choices for many reasons;

to share what they like (favorite colors, band, etc.), to honor their beliefs (like a hijab, kippah, or yarmulke), to show they belong to a group (like a sports team or choral group), to dress for a specific task (cowboys wearing hats, chaps, and bandanas), and for protection (sun hat, face mask, snow suit).

When designing clothing there are a lot of things to think of - comfort, ease of getting dressed, etc. This is your chance to design what you want to wear - the sky is the limit!

### Create

1. You can draw your own people or use the template on the next page.
2. Think about what type of outfit would make you proud to wear it.
3. Here are some things to think about when designing:
  - What colors are your favorite?
  - What would you be doing while wearing the outfit? Playing sports, hiking, dancing, hanging out? What you are doing will affect your clothing decision.
  - What type of fabric would you want to use?
4. Draw out your design in pencil first.
5. Don't forget to think about details like layers--vests, jackets, hats-- and accessories like sunglasses, jewelry, etc.
6. When your design is just how you want, you can add colors with whatever media you would like!

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## Fashion For All - template

